

Karate Classes offered in a safe,
affordable, welcoming environment!

- Tuesday & Thursday Evening Classes
- 6:15pm - 7:15pm
- Youth (Ages 6– 12)

Youth Karate Classes



**STARTING
SEPTEMBER
13, 2022**



Benefits of Karate:

- Self Defence
- Physical Fitness
- Coordination and Confidence
- Focus and Discipline

****Special Introductory Offer****

Brand new students receive 2 months of classes, a free karate uniform, and a year's association dues for only \$185

Email today to sign up!
pms.youthkarate@gmail.com



**PORT MOODY
SHOTOKAN
KARATE**

Classes are taught at the

Port Moody Shotokan Karate

2922 St. Johns Street

Port Moody, BC V3H 2C3

Email: pms.youthkarate@gmail.com

Phone: 604-469-3090